



Ngā tohutohu ture me ngā tautoko

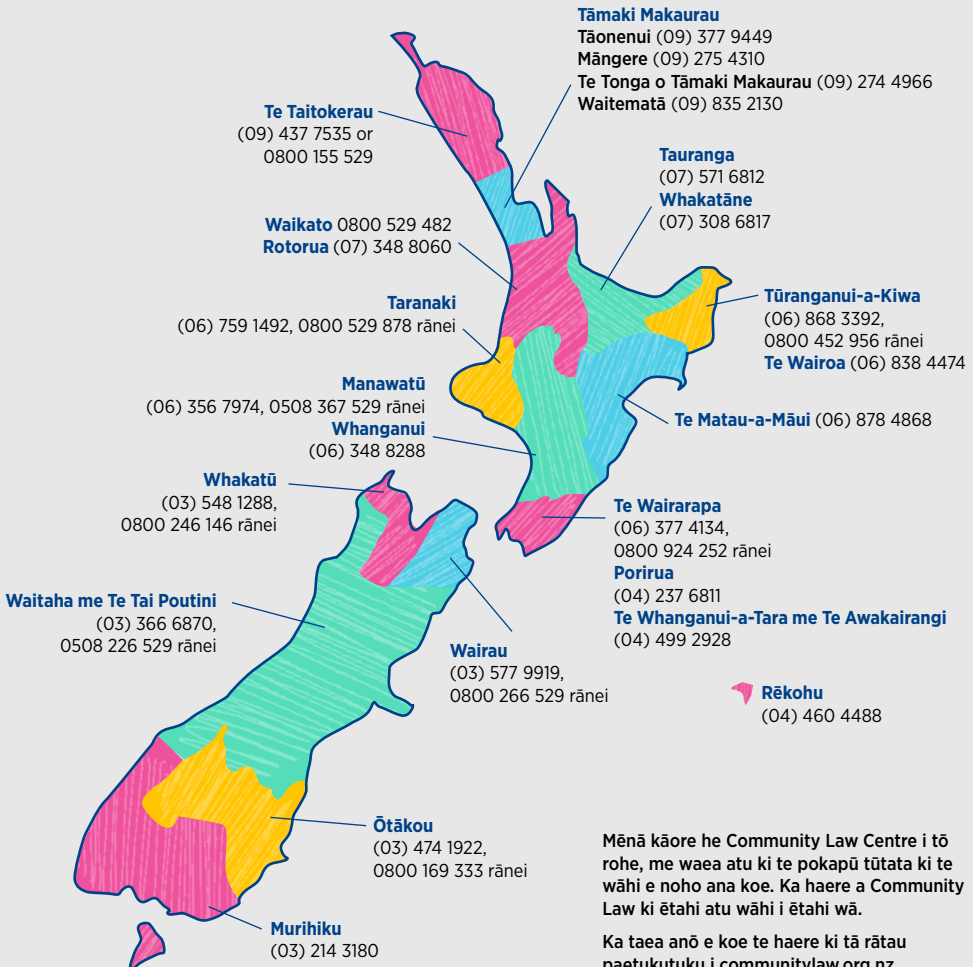
He wā ahotea nui pea te wehenga, te rerekē rānei o te āhuatanga ki te whānau, ā, kei reira ngā tūmomo ara e wātea ana hei āwhina i a koe ki te ara tika.

Te tiki tohutohu ture koreutu

Kei te hiahia āwhina koe ki te whakakī i ngā puka? Ka taea e Ngā Pou Whakawhirinaki o Aotearoa te āwhina i a koe ki te rapu mōhiohio me te whakakī i ngā puka. Kāore he utu mō ā rātau ratonga. Kāore e taea e rātau te tuku tohutohu ture. Waea koreutu ki Ngā Pou Whakawhirinaki o Aotearoa

E whakaratoa ana e ngā Community Law Centre ngā āwhina ture koreutu, matatapu, takitahi hoki. He wāhi tīmatanga tino rawe tēnei mēnā kei te pokea koe, kāore rānei koe i te mōhio me aha. I ētahi āhuatanga, ka taea anō pea e rātau te tuku tautoko ture haere tonu.

Te whakapā atu ki tō Community Law Centre:



Mēnā kāore he Community Law Centre i tō rohe, me waea atu ki te pokapū tūtata ki te wāhi e noho ana koe. Ka haere a Community Law ki ētahi atu wāhi i ētahi wā.

Ka taea anō e koe te haere ki tā rātau paetukutuku i communitylaw.org.nz

Te whiwhi tohutohu ture ka utua

Ka whiwhi pea koe i ngā tohutohu ture ka utua e ai ki ō moni whiwhi.

Te Ratonga Tohutohu Ture Whānau

Ka taea e rātau koe te āwhina ki te hui me tētahi rōia i te wāhanga tuatahi o tētahi whakahēnga tiaki tamariki. Ka āwhina anō rātau i a koe ki te whakakāi i ngā puka kōti.

Kei roto i tēnei ratonga ko tētahi hui kotahi, e rua rānei me tētahi rōia ka whakaaetia, nō reira mēnā kei te hiahia tohutohu atu anō koe me tonono pea koe mō ngā āwhina ture, me kōrero rānei ki tētahi atu rōia.

Mō ētahi atu kōrero, otirā mēnā kei te āhei atu koe:

Waea koreutu ki 0800 224 733.

Āwhina ture

He pūtea taurewa te āwhina ture, arā, ka mate koe ki te whakahoki i ngā utu.

Ehara i te mea me kirirarau koe nō Aotearoa, he kainoho rānei hei tonono mō te āwhina ture.

Kia mōhio ai mēnā kei te āhei atu koe ki te āwhina ture, me rapu e koe he rōia āwhina ture e hiahia ana koe hei māngai mōu.

Hei rapu i tētahi rōia āwhina ture:

- haere ki justice.govt.nz/legal-advice-and-support
- me pātai mō tētahi rārangi o ngā rōia o te rohe i Ngā Pou Whakawhirinaki o Aotearoa o tō rohe, i tō Community Law Centre rānei.

Mō ētahi atu mōhio mō te āwhina ture:

Waea koreutu ki te Āwhina Ture

(Te Tāhū o te Ture) i 0800 253 425.

Ngā ratonga e wātea ana ki te katoa

E whakaratoa ana e Auckland Disability Law ngā ratonga ture koreutu, e wātea ana ki te katoa ki te hunga hauā, kore rānei i te pai te rongo.

- **Waea (09) 257 5140,**
patowaea rānei ki 027 457 5140
- **Īmēra rānei ki info@adl.org.nz**

Ngā ratonga mā ngā taiohi

E whakaratoa ana e Youth Law ngā tohutohu ture koreutu ki ngā tāngata 25 tau me raro iho. **Waea koreutu ki 0800 884 529, haere rānei ki**

Te haere ki te kōti me te kore rōia

Ki te haere koe ki te kōti me te kore rōia ka mate pea koe ki te mahi i ngā rangahau nui. Me mārāma anō koe ki ētahi hātepe ture uaua.

Ka taea e ētahi atu i roto i te whakahēnga tiaki tamariki te whai i tō rātau ake rōia.

Mēnā ka kōwhiri koe ki te tū mōu anō i roto i te kōti, he pai tonu pea te whai tohutohu mai i tō Community Law Centre.

He mea nui te whakamōhio wawe atu ki te Kōti Whānau mēnā ka rerekē ō taipitopito whakapā

Te whakamahi i tētahi rōia tūmataiti

Ka taea e koe te whai tohutohu ture āwhina mai i tētahi rōia tūmataiti, ā, māu anō e utu.

Ka taea e koe te kimi tōu ake rōia, te pātai rānei mō tētahi rārangi o ngā rōia o te rohe i Ngā Pou Whakawhirinaki o Aotearoa o tō rohe, i tō Community Law Centre rānei.



He tika tōu kia noho haumaruru

Ka taea e koe he āwhina mēnā ki ōu whakaaro kāore koe, tētahi atu rānei i te noho haumaruru.

- **Mēnā kei te tino noho mōrearea koe, tētahi atu rānei, me waea atu ki 111**
- **Haere ki justice.govt.nz/family-violence**
- **Haere ki areyouok.org.nz**
- **Waea koreutu ki 'Are You Ok' i**



Ki hea tiki tautoko

Kei tō hapori

Ka taea e ngā Kaiārahi, Ngā Kaiwhakarite Kōti Whānau me ngā kaimahi kōti te ārahi i a koe ina whakariterite ana i ngā whakaritenga tiaki tamariki, engari kāore e taea te tuku tohutohu ture.

Ka taea anō e te Kaiārahi te hono i a koe ki ngā ratonga tautoko hapori i tō rohe.

Whakapā:

- Haere ki te kōti o tō rohe
- Īmēra kaiarahi@justice.govt.nz
- Waea atu ki Te Tāhu o te Ture i 0800 224 733

Ngā whakahaere hei āwhina i a koe

Ngā Pou Whakawhirinaki o Aotearoa

Ka āwhina i a koe kia mārama koe ki ō tika me te whakakī i ngā puka.

- Waea koreutu 0800 367 222
- Haere ki cab.org.nz

Community Law Centre

E whakaratoa ana ngā āwhina ture koreutu, matatapu takitahi mā ngā tāngata puta noa i Aotearoa. Haere ki communitylaw.org.nz

Family Services Directory

He rārangi ratonga tautoko tā rātau e āwhina ana i ngā whānau puta noa i Aotearoa. Ko ēnei ratonga mai i ngā whare noho ki ngā tumu kōrero.

- Waea koreutu 0800 211 211
- Haere ki familyservices.govt.nz/directory/

CCS Disability Action

Ko tā rātau he tuku mōhiohio me ngā tautoko ki te hunga hauā me ō rātau whānau.

Whakapā:

- Waea koreutu 0800 227 200
- Īmēra info@ccsDisabilityAction.org.nz

Te Tari Mātāwaka

He rārangi ratonga tautoko ta rātau, tae atu ki ngā whakahaere whakapono, hei āwhina i ngā hapori mātāwaka.

- Waea koreutu 0800 656 656
- Haere ki ethniccommunities.govt.nz

Tumu kōrero

Mō ngā tautoko ngaio mō te hauora hinengaro, ētahi atu raru rānei, whakapā atu ki:

- Need to Talk – Waea koreutu, patowaea rānei ki 1737, haere rānei ki 1737.org.nz
- Lifeline – Waea koreutu ki 0800 543 354, patowaea rānei ki 4357
- Skyline – Waea koreutu ki 0800 299 100, haere rānei ki skyline.org.nz

Mā ngā tamariki me ngā taiohi

- What's Up – Waea koreutu ki 0800 942 8787
- Youthline – Waea koreutu ki 0800 376 633, patowaea rānei ki 234

Ki te kore koe e haumarū

- Haere ki areyouok.org.nz
- Waea koreutu ki 'Are You OK' i 0800 456 450



- Haere ki justice.govt.nz/care-of-children
- Waea atu ki Te Tāhu o te Ture i 0800 224 733