MORE THAN 100,000 ADULTS (3.6%) EXPERIENCED PSYCHOLOGICAL VIOLENCE OVER THE LAST 12 MONTHS.

NUMBER OF ADULT VICTIMS OF PSYCHOLOGICAL VIOLENCE, BY OFFENCE TYPE

- 68,028: Stopping from contacting friends/family
- 43,064: Following/keeping track
- 35,542: Controlling access to phone/internet/transport
- 20,699: Pressing into paid work
- 30,111: Stopping from doing paid work

104,212: ALL PSYCHOLOGICAL VIOLENCE

THE MOST FREQUENT TYPE OF PSYCHOLOGICAL VIOLENCE IS STOPPING SOMEONE FROM CONTACTING FAMILY OR FRIENDS.

PROPORTION OF ADULTS WHO EXPERIENCED PSYCHOLOGICAL VIOLENCE, BY AGE

- 15 - 29: 7%
- 30 - 39: 3%
- 40 - 49: 4%
- 50 AND OVER: 2%

Those aged between 15 and 29 years old are almost twice more likely to experience psychological violence.

PROPORTION OF ADULTS WHO EXPERIENCED INTIMATE PARTNER VIOLENCE (INCLUDING PSYCHOLOGICAL VIOLENCE), BY ETHNICITY

- NZ European: 3%
- Māori: 7%
- Other: 4%

Māori are almost twice more likely to experience psychological violence.

PROPORTION OF ADULTS WHO EXPERIENCED INTIMATE PARTNER VIOLENCE (INCLUDING PSYCHOLOGICAL VIOLENCE), BY SEX

- Male: 54,401
- Female: 78,358

Women experienced intimate partner violence (including psychological violence) 44% more often than men.

Proportion of Māori who experienced intimate partner violence (including psychological violence) is 75% higher than that of New Zealand Europeans.